

KIRIDARA
SPA

Warmest welcome to **KIRIDARA Spa**

Nestled on a serene hilltop and surrounded by lush greenery and panoramic mountain views, Kiridara Spa in Luang Prabang offers a tranquil retreat inspired by the natural beauty and cultural heritage of the region. For centuries, Luang Prabang has embraced a rich tradition of connecting the body with nature—honoring healing plants, mindful rituals, and the harmony between the land and its people. From lemongrass to wild honey, nature has always been an intricate part of our health and beauty, shaping the way we care for both body and spirit. Our treatments draw from this ancient wisdom, blending traditional Lao healing practices with modern wellness techniques to create a restorative and deeply relaxing experience for every guest.

Our paraben-free organic product line is crafted with the belief that true wellness begins with nature. Each formula is made from clean, ethically sourced ingredients designed to nourish the skin, calm the mind, and honor the environment.

Warm regards,

Ruetinan (Noona)

Spa Manager, **KIRIDARA Spa**

Royal Essence Body Massage

Kiridara Lao Massage

(Lao Massage)

mins	60	90	120
USD	35	50	60

A luxurious Lao-style massage using ancient techniques and healing traditions to ease muscle stiffness, stimulate circulation, and leave you deeply relaxed.

Reflexology Massage

(Foot Massage)

mins	60	90	-
USD	30	45	-

A grounding foot treatment blending Lao-inspired techniques and gentle pressure to ease tension, refresh tired feet, and restore balancing harmony.

Herbal Compress

(Nuad Pra Kob)

mins	-	90	120
USD	-	60	75

A soothing treatment combining traditional Lao massage with warm herbal compresses to relieve deep muscle tension, enhance circulation, and promote full-body relaxation.

Essence of Nature

(Aromatherapy Massage)

mins	60	90	120
USD	50	60	70

A calming aromatherapy massage using pure essential oils to nourish the body, quiet the mind, and restore natural harmony.

Nordic Bliss

(Swedish Massage)

mins	60	90	120
USD	50	60	70

A premium massage inspired by classic Swedish techniques to ease tension, soothe muscles, and uplift the spirit.

Balinese Escape

(Balinese Massage)

mins	60	90	120
USD	50	60	70

A deeply relaxing massage inspired by Balinese traditions, combining flowing strokes and gentle pressure to calm the mind and release physical tension.

Deep Tissue Revival

(Deep Tissue Massage)

mins	60	90	120
USD	50	60	70

A targeted deep-tissue massage focusing on muscle layers to release accumulated tension, ease stiffness, and restore vitality.

Sao Muea Ritual

(Hai Muea Massage)

mins	60	-	-
USD	50	-	-

A renewing back and shoulder treatment using warm herbal compresses and aromatic oils to relieve fatigue, soothe tight muscles, and promote deep relaxation.

Hot Stone Serenity

(Hot Stone Massage)

mins	-	-	120
USD	-	-	80

A healing massage using warm volcanic stones to melt tension, warm muscles, and bring the body into a state of deep serenity.

Body Polish (Body Scrub)

Restoring Wild Ginger 60 min / USD 60

A nature-inspired treatment blending wild honey, milk, ginger, and aromatic herbs to relax the body, awaken the senses, and restore vitality.

Chrysanthemum Radiance 60 min / USD 60

A luxurious scrub enriched with mulberry leaf powder, fresh ginger, and chrysanthemum flower. Gently exfoliates to reveal smooth, radiant skin while invigorating the senses.

Golden Honey 60 min / USD 60

A signature treatment combining fresh pumpkin, milk, wild honey, and olive oil to gently exfoliate, deeply nourish, and rejuvenate the skin.

Loofah Harmony 60 min / USD 60

A nature-inspired scrub using loofah, local herbs, wild honey, and natural oils to gently exfoliate, soften, and refresh the skin.

Timeless Tropical 60 min / USD 60

A rejuvenating scrub infused with tropical fruits, passion fruit, and wild honey to exfoliate impurities, revitalize the skin, and leave it smooth and luminous.

Renewing Lime 60 min / USD 60

A refreshing scrub enriched with kaffir lime, Plai powder, fresh milk, and olive oil. Gently exfoliates, nourishes, and brightens the skin for a soft, radiant finish.

Awakening Almond Polish 60 min / USD 60

A luxurious body polish infused with lemongrass, cucumber, and almond oil. Gently exfoliates to remove impurities, nourishes, and soothes the skin, leaving it soft, smooth, and radiant.

Balancing Berries 60 min / USD 60

A luxurious scrub made with fresh strawberries, yogurt, and brown sugar to gently exfoliate, hydrate, and leave the skin smooth, glowing, and revitalized.

Luminous Body Treatment (Body wrap)

Herbal Firming Ritual..... 45 min / USD 40

A premium body wrap using galangal, wild honey, and botanical extracts to help tighten, smooth, and rejuvenate the skin, leaving the body refreshed and toned.

Lao Silk Radiance Wrap..... 45 min / USD 40

A luxurious body wrap enriched with pure silk powder to smooth, soften, and illuminate the skin. Infused with natural herbs, it deeply nourishes and hydrates, revealing a radiant glow.

Black Pepper Vitality Wrap..... 45 min / USD 40

An invigorating wrap infused with ginger, black pepper, and wild honey to gently warm the body, stimulate circulation, and revitalize the skin for renewed energy and radiance.



Excusive Packages

Back Intro Balance90 min / USD 50

A relaxing back, shoulder, and head massage with herbal compress to relieve tension, restore balance, and deeply A deeply relaxing back, shoulder, and head massage combined with a traditional herbal compress to release tension, restore balance, and calm the mind.

Ultimate Strength Therapy120 min / USD 80

An intensive deep tissue massage designed to relieve chronic muscle tension, followed by a soothing coconut herbal compress to restore strength, flexibility, and vitality.

Serenity120 min / USD 80

A complete pampering ritual beginning with a skin-polishing scrub, followed by a calming massage for deep relaxation and renewal.

Romance Rejuvenation (Couple)150 min / USD 180

A romantic spa journey for two, designed to restore harmony, intimacy, and deep relaxation.



Massage Selection

- Kiridara Lao Massage
- Essence of Nature
- Deep Tissue Revival
- Nordic Bliss



Body Scrub Selection

- Restoring Wild Ginger
- Tropical Coffee Ritual
- Golden Honey
- Loofah Harmony Scrub



For two persons



2.5 hours



Lao Silk Radiance Wrap (Body wrap)



Balancing Berries (Body scrub)



Essence of Nature (Aromatherapy Massage)

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