

ລາວເດີມ

Lao Derm

MENU

The background of the text is a collage of various Lao dishes. At the top left, there's a bowl of fresh green herbs and shredded yellow noodles. To the right, a bowl of green papaya salad with white dressing and red chili is visible. Below the herbs, there are several golden-brown fried spring rolls. At the bottom, a plate of two large, rectangular Lao-style dumplings or rolls sits next to a small bowl of dipping sauce with shredded herbs and chili. The entire scene is set against a light, textured background.

Welcome to Lao Derm Restaurant

At **Lao Derm**, we are honored to share with you the rich culinary heritage of Laos. Our restaurant is dedicated to preserving traditional recipes crafted with fresh, local ingredients and the genuine flavors that tell the story of our culture and people.

Each dish served is a reflection of our passion for authentic Lao cuisine and our commitment to hospitality. We believe that food is more than nourishment—it is a way to bring people together, to celebrate family, community, and tradition.

We sincerely thank you for choosing to dine with us. It is our privilege to offer you a memorable experience filled with warmth, taste, and the spirit of Laos.

Welcome, and enjoy your meal.

ປະເພດເຊັດ

BOILED, SOUP & LARB SET



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| 1. ຕົ້ມໄກ່ + ແຈ່ວປາແດກ | \$ 13 |
| Lao Style Boiled Chicken and Fermented Chili Dip | |
| 2. ຕົ້ມສົ້ມເປັດ + ລາບເປັດ | \$ 20 |
| Mild Sour Duck Soup with Spicy Duck Salad | |
| 3. ຕົ້ມສົ້ມປາໜັງ + ກ້ອຍປາໜັງ | \$ 20 |
| Mild Sour Fresh Water Fish Soup and Spicy Chopped Fish Salad | |
| 4. ຕົ້ມສົ້ມໄກ່ງວງ + ລາບໄກ່ງວງ | \$ 20 |
| Mild Sour Turkey Soup and Minced Spicy Turkey Salad | |
| 5. ຕົ້ມເຄື່ອງໃນ + ລາບງົວ | \$ 20 |
| Offal Soup with Herbs and Minced Spicy Beef Salad | |

PRICE IS INCLUDED OF VAT 10% & SERVICE CHARGE 10%

ປະເພດລາບ ແລະ ກ້ອຍ

LARB & KOI

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| 6. ລາບໝາກຈອງ
Tilapia-Malva Nut Larb | \$ 13 |
| 7. ລາບເປັດ
Duck Larb | \$ 10 |
| 8. ກ້ອຍປາໜັງ
Raw Mekong Fish Koi | \$ 10 |
| 9. ລາບໄກ່ງວງ
Turkey Larb | \$ 10 |
| 10. ລາບງົວ
Beef Larb | \$ 10 |
| 11. ລາບປາຕອງ
Raw Clown Fish Larb | \$ 13 |
| 12. ລາບກຸ້ງຂາວ
Raw White Prawns Larb | \$ 14 |

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ປະເພດແກງ

SOUP

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| 13. ແກງໝໍ້ໄມ້ໃສ່ກະດູກໝູອ່ອນ
Lao-Style Bamboo Soup | \$ 7 |
| 14. ແກງເຫັດເຟືອງໃສ່ກະດູກໝູອ່ອນ
Straw Mushroom Soup | \$ 7 |
| 15. ແກງຈິດກະດູກໝູໃສ່ຜັກ
Clear Soup with Pork Bones and Vegetables | \$ 6 |
| 16. ແກງໄກ່ລາດໃສ່ໝາກໂຕ່ນ
Chicken Clear Soup with Green Squash | \$ 8 |
| 17. ແກງຈິດກະດູກໝູໃສ່ໝາກຊູ
Clear Soup with Pork Bones and Chayote | \$ 7 |
| 18. ແກງໄກ່ໃສ່ໝໍ້ໄມ້ລີ້ນ
Chicken Clear Soup with Marinated
Bamboo Shoot | \$ 8 |
| 19. ແກງໄກ່ໃສ່ໝາກບີ
Chicken Clear Soup with Banana Blossom | \$ 8 |



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| 20. ຕົ້ມຊີ້ວໄກ່ລາດ
Spicy Shredded Chicken Soup | \$ 10 |
| 21. ຕົ້ມລີ້ນປາ
Mild Sour Fish Soup | \$ 10 |
| 22. ຕົ້ມລີ້ນເປັດ
Mild Sour Duck Soup | \$ 10 |
| 23. ຕົ້ມລີ້ນປາໜັງ
Mild Sour Fresh Water Fish Soup | \$ 10 |
| 24. ຕົ້ມລີ້ນໄກ່ງວງ
Mild Sour Turkey Soup | \$ 10 |
| 25. ຕົ້ມເຄື່ອງໃນ
Offal Soup with Herbs | \$ 10 |

ປະເພດຈີນ

FRIED

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| 26. | ອໍເດີບລາວເດີມ
Assorted Lao Derm Appetizer | \$ 13 |
| 27. | ຈີນອີ້ວເພັຍ
Beef Blood Sausage | \$ 9 |
| 28. | ຈີນອີ້ວຫຼວງພະບາງ
LUANG PRABANG Sausage | \$ 8 |
| 29. | ຈີນອີ້ວໝູ
Pork Sausage | \$ 9 |
| 30. | ຈີນອີ້ວເຄື່ອງ
Mixed Herb Pork Sausage | \$ 9 |
| 31. | ຈີນໝ້າ + ເຄື່ອງຄຽງ
Deep-Fried Beef Sausage with Condiments | \$ 12 |
| 32. | ຈີນໄຄແຜ່ນ
Crispy-Fried Mekong Riverweed | \$ 4 |
| 33. | ຈີນດູກຂ້າງໝູ
Deep-Fried Pork Ribs | \$ 10 |
| 34. | ຈີນໝູແດດດຽວ
Deep-Fried Pork Strips | \$ 9 |
| 35. | ຈີນສີ້ນໝູ
Deep-Fried Cured Pork Filet | \$ 6 |
| 36. | ຈີນໄກ່ລາດ
Deep-Fried Chicken | \$ 11 |



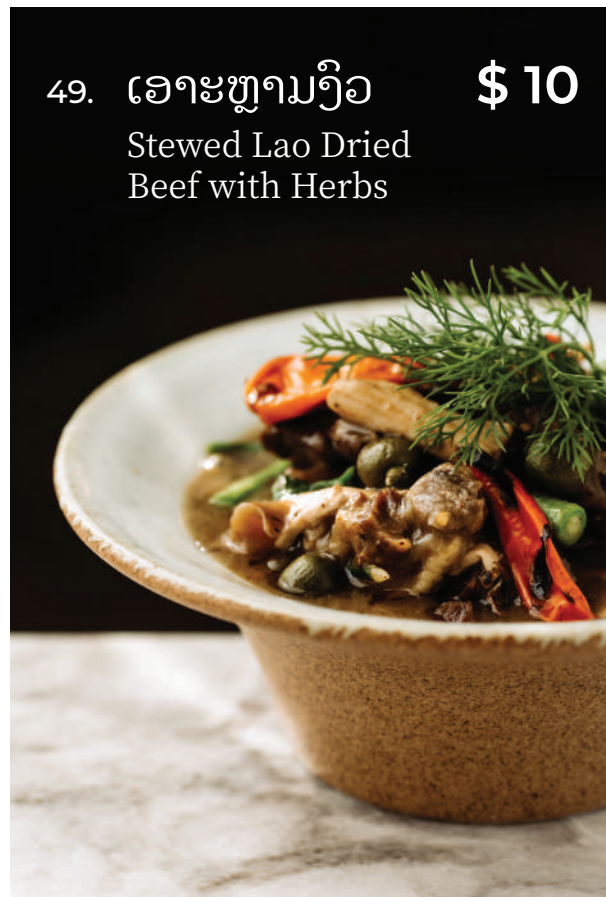


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| 37. ຈີນປານາງ
Deep-Fried Mekong Fish | \$ 18 |
| 38. ຈີນປາໂຈກ
Deep-Fried Giant Mekong Barb Fish | \$ 13 |
| 39. ຈີນປາສິ້ນ
Deep-Fried Marinated Fish | \$ 13 |
| 40. ຈີນໂຕແມ້
Deep-Fried Bamboo Worms | \$ 11 |
| 41. ຈີນຊີ້ນທູບງົວ
Deep-Fried Beef Jerky Laotian Style | \$ 14 |
| 42. ຈີນຊີ້ນທູບໝູ່ປ່າ
Deep-Fried Wild Boar Filet | \$ 12 |

ປະເພດໝຶກ ແລະ ເອາະ

STEAMED & STEWED

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| 43. ໝຶກປາໜັງ + ລວກຜັກ
Steamed Fish in Banana Leaves
with Boiled Vegetables | \$ 10 |
| 44. ໝຶກໝໍ້ໄມ້
Steamed Bamboo Shoots with Pork | \$ 8 |
| 45. ໝຶກປັດ + ລວກຜັກ
Steamed Duck in Banana Leaves with Boiled
Vegetables | \$ 10 |
| 46. ເອາະໄກ່ໃສ່ໝໍ້ປຸ້ນ
Stewed Chicken with Bamboo Shoots | \$ 8 |
| 47. ເອາະຫຼາມໝູປ່າ
Stewed Wild Boar | \$ 9 |



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| 49. ເອາະຫຼາມງົວ
Stewed Lao Dried
Beef with Herbs | \$ 10 |
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| 48. ອ່ອມຂີ້ເຫຼັກ
Stewed Moringa | \$ 8 |
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| 50. ເອາະດູກຂ້າງໝູ
Stewed Pork Ribs | \$ 8 |
| 51. ເອາະດູກຂ້າງໝູໃສ່ໝໍ້ປຸ້ນ
Stewed Pork Ribs with Bamboo Shoots | \$ 8 |
| 52. ເອາະດູກຂ້າງໝູໃສ່ໝາກໄຕ່ນ
Stewed Pork Ribs with Wax Gourd | \$ 8 |
| 53. ເອາະດູກຂ້າງໝູໃສ່ຜັກຕຳນິນ
Stewed Pork Ribs with Ivy Gourd | \$ 8 |
| 54. ເອາະເອັນງົວ
Stewed Beef Tendons | \$ 8 |

ປະເພດຂົ້ວ ແລະ ຊຸບ

STIR-FRIED & SALAD



56

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| 55. | ຍໍາສະລັດລາວ
Lao Salad | \$ 6 |
| 56. | ຂົ້ວໝາກຊູໃສ່ຊີ້ນໝູລາດ
Stir-Fried Chayote with Sliced Pork | \$ 8 |
| 57. | ຂົ້ວຊີ້ນງົວສະເຕັກລາວ
Lao-Style Stir-Fried Sliced Beef | \$ 10 |
| 58. | ຂົ້ວຜັກລວມ
Stir-Fried Mixed Vegetables | \$ 8 |



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| 59. | ຂົ້ວກຸ້ງໃສ່ໝໍ້ໄມ້ຟຣັງ
Stir-Fried Shrimps with Asparagus | \$ 15 |
| 60. | ຂົ້ວໝາກຖົ່ວລັນເຕົາໃສ່ກຸ້ງ
Stir-Fried green beans with Shrimps | \$ 15 |
| 61. | ຂົ້ວໝາກຖົ່ວລັນເຕົາໃສ່ໝູ
Stir-Fried green beans with Pork | \$ 8 |
| 62. | ຂົ້ວເຫັດເພືອງໃສ່ໝູ
Stir-Fried Straw Mushroom with Pork | \$ 8 |
| 63. | ຊຸບໝໍ້ໄມ້
Spicy Bamboo Shoots Salad | \$ 8 |
| 64. | ຊຸບຜັກຕາມລະດູ
Spicy Seasonal Vegetable Salad | \$ 8 |

ປະເພດຕຳ

SPICY SALAD

66



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| 65. | ຕຳຫຼວງພະບາງ + ຂຽບໝູ | \$ 8 |
| | Luang Prabang Spicy Papaya Salad with Crispy Pork | |
| 66. | ຕຳໝາກຫຸ່ງ + ໄຂ່ຕົ້ມ | \$ 8 |
| | Spicy Papaya Salad with Boiled Eggs | |
| 67. | ຕຳໝາກຖົ່ວ + ໄຂ່ຕົ້ມ | \$ 8 |
| | Spicy Long Beans Salad with Boiled Eggs | |
| 68. | ຕຳໝາກແຕງ + ໄຂ່ຕົ້ມ | \$ 8 |
| | Spicy Cucumber Salad with Boiled Eggs | |
| 69. | ຕຳເຂົ້າປຸ້ນ + ຂຽບໝູ | \$ 8 |
| | Spicy Rice Noodles Salad with Crispy Pork | |

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ປະເພດແຈ່ວ ແລະ ລວກຜັກ

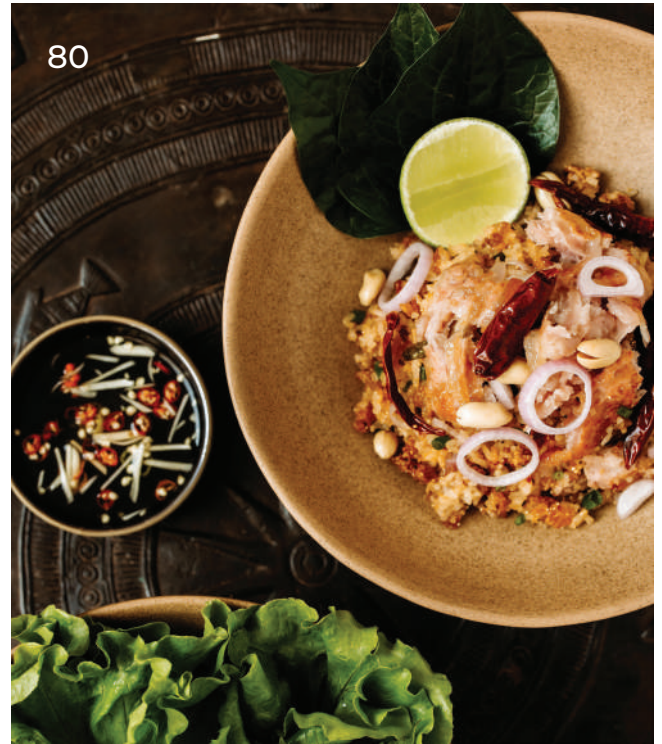
DIP & VEGETABLES

70.	ແຈ່ວຊີ້ນ + ລວກຜັກ Minced Meat Chili Paste with Boiled Vegetables	\$ 14
71.	ແຈ່ວໝາກເລັ່ນ + ລວກຜັກ Tomato Chili Paste + Boiled Vegetables	\$ 8
72.	ແຈ່ວບອງຫຼວງພະບາງ Luang Prabang Style Chili Paste	\$ 5
73.	ແຈ່ວບອງຊຽງຂວາງ Eggs Chili Paste	\$ 5
74.	ແຈ່ວປາເຄີມ Salted Fish Chili Paste	\$ 5
75.	ແຈ່ວຫອມປ້ອມ Coriander Chili Paste	\$ 5
76.	ແຈ່ວປາດູກນາ Catfish Chili Paste	\$ 5
77.	ແຈ່ວໝາກເຜັດໃຫຍ່ Green Chili Paste	\$ 4
78.	ແຈ່ວໝາກເລັ່ນ Tomato Chili Paste	\$ 3
79.	ແຈ່ວໄຂ່ Eggs Chili Paste	\$ 3

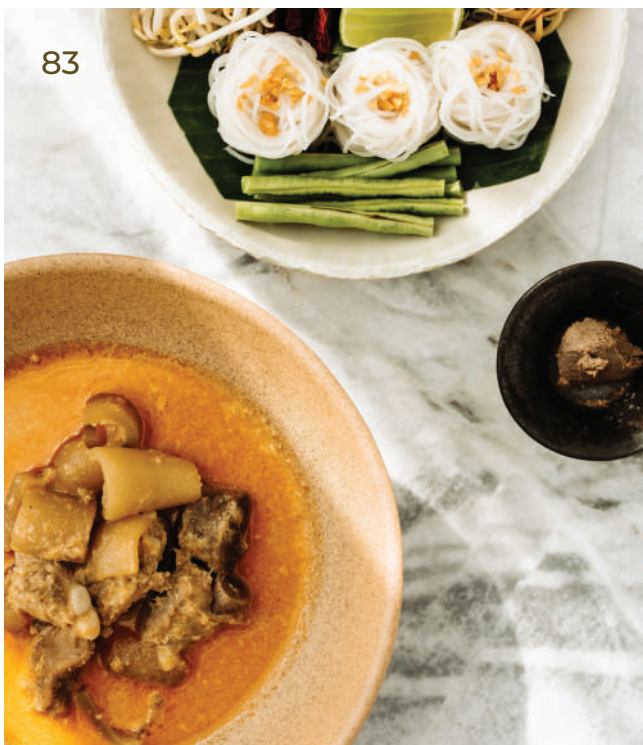


ປະເພດໝ້ຽງ WRAPPED

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| 80. | ແໝນເຂົ້າ | \$ 10 |
| | Spicy Crispy Rice with Fermented Pork Salad | |
| 81. | ຍໍ່ຈີນ | \$ 10 |
| | Deep-Fried Spring Rolls with Fresh Vegetables | |
| 82. | ຍໍ່ຂາວ | \$ 8 |
| | Fresh Spring Rolls | |



ປະເພດເສັ້ນ NOODLES



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| 83. | ໝໍ້ກະທົປາກເຊ | \$ 8 |
| | Silky Pakse Coconut Curry Noodles | |
| 84. | ເຂົ້າປຸ້ນປາປິ່ນ | \$ 8 |
| | Fresh Rice Noodles with Roasted Fish Sauce | |
| 85. | ເຂົ້າປຸ້ນນ້ຳປາ | \$ 8 |
| | Fresh Rice Noodles with Curry Fish Sauce | |
| 86. | ຂົ້ວໝໍ້ລາວເດີມ | \$ 8 |
| | Lao Derm Stir-Fried Rice Noodles | |

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ປະເພດເຂົ້າ

RICE

87. ເຂົ້າໝຽວ \$ 2
Sticky Rice
88. ເຂົ້າຈ້າວ ຈານ / ໝໍ້ \$ 2 / \$ 8
Steamed Rice Single / Sharing
89. ເຂົ້າຜັດໝູ ນ້ອຍ / ໃຫຍ່ \$ 5 / \$ 10
Pork Fried Rice Single / Sharing
90. ເຂົ້າຜັດທະເລ ນ້ອຍ / ໃຫຍ່ \$ 8 / \$ 15
Seafood Fried Rice Single / Sharing

ປະເພດຂອງຫວານ

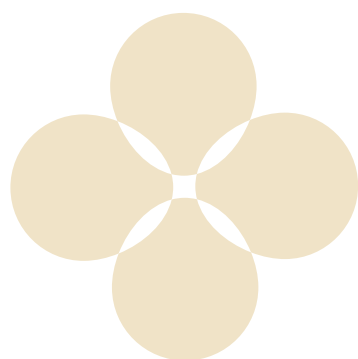
DESSERT

91. ໝາກໄມ້ລວມຕາມລະດູ \$ 8
Seasonal Fruit
92. ນ້ຳຫວານເຜືອກໃສ່ເຂົ້າກໍ່າ \$ 3
Taro Sago in Coconut Milk









ລາວເດີມ

Lao Derm

