



## **MARSILEA MASSAGE**

| Traditional massage over the clothes using                           | \$35 | 60mins  |
|--|------|---------|
| pressure points to relieve muscular aches. This                      | \$45 | 90mins  |
| therapy combines stretching techniques to loosen joints and muscles. | \$55 | 120mins |

### AROMATHERAPY MASSAGE

| A full-body massage using essential oils to relax the    | \$45 | 60mins      |
|--|------|-------------|
| body and mind. Smooth and soothing movements will        | \$60 | 90mins      |
| gently lull you into a realm of tranquil dreams, leaving | φσσ  | 0 0 1111113 |
| you totally rejuvenated. Choose from several oil         | \$75 | 120mins     |
| combinations   |      |             |

If you need assistance on making reservation, please press '0'

#### **SWEDISH MASSAGE**

| Designed with the sports enthusiast in mind, this     | \$45 | 60mins   |
|---|------|----------|
| massage is effective in loosening tight muscles and   | \$60 | 90mins   |
| relieving aches associated with strenuous activity or | ψΟΟ  | 50111115 |
| exercise. Light or medium pressure is customized to   | \$75 | 120mins  |
| your personal needs                                   |      |          |

# **DEEP TISSUE MASSAGE**

| Perfect for the athlete individual who requires       | \$45 | 60mins    |
|---|------|-----------|
| body work to release muscle tension and increase      | \$60 | 90mins    |
| joint flexibility. This massage focuses on individual | ψΟΟ  | 301111118 |
| muscle groups using deep compression and strokes.     | \$75 | 120mins   |
| Massage is performed with aromatherapy oils to        |      |           |
| promote harmony of the body and mind.                 |      |           |

#### TRADITIONAL FOOT MASSAGE

This treatment promotes relaxation to the entire \$30 60mins body through the use of pressure points onto the soles of the feet.

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